Dundee Township 708 Mental Health Board Regular Meeting 6:30 pm Thursday, October 8, 2020

611 E. Main Street, Suite 201 East Dundee, Il 60018

Notice

This meeting of the Dundee Township 708 Mental Health Board of Trustees will be held via a telephone conference call in accordance with the Illinois Governor's Executive Orders and disaster declarations regarding the COVID-19 pandemic. To participate in the meeting as a member of the general public, you will need to request the meeting sign-in information by either sending an email request to trishg@dundeetownship.org or by calling the Supervisor's Office at 847-428-8092 x 1 – by 3:00pm on October 8, 2020

- I. Call to Order and request to start meeting recording Robert Block
- II. Virtual meeting notice read by Township Robert Block
- III. Roll Call
 - a. Trustee Dawn Arimura, Sleepy Hollow Present
 - b. Trustee Maria Borrero, West Dundee Present
 - c. Supervisor Trish Glees, West Dundee Absent/Excused
 - d. Trustee Alec Neuschaefer, East Dundee Present
 - e. Trustee Cindy Oldin, Dundee Township Present
 - f. Trustee Paul Setze, Sleepy Hollow Present
 - g. Trustee Wendy Witt, West Dundee Present

6 present/ 1 absent/excused

- Note <u>Robert Block (Dundee Township Deputy Clerk)</u> is in attendance and controlling recording.
- IV. Approve or Amend Agenda as presented
- D. Arimura- Move
- A. Neuschaefer-Second

Note: Trustee P. Setze received notice that the guest speaker won't be joining our meeting until 7pm. We agreed to proceed with meeting, and introduce speaker at 7pm- guest speaker 6 yes/ 0 nay

V. Guest Speaker – Chris Reed from Northern Illinois Recovery

Phone call no video. Speaker appreciates the opportunity. McHenry county area.

15-20 minutes

Northern Illinois Recovery. Speaker shared a personal story dated back to 2009 substance abuse, during the start of the opioid epidemic, in the Crystal Lake Area. Organization started operating commercial space. Sober bar the other side, community organization under. Substance abuse disorder, housing, purchased 2 homes, converted into group homes, sober living homes. In the fiscal year 2016-2017 they opened male and female homes, and they submitted an application to the 708 board to hire case managers. Case managers would then provide direct services to people in home, driver's license, bank accounts. In year 2 they pursued a 3rd home, which opened in 2018 and continued case management funding, decreasing government funding due to organization self-sustaining. In 2020 he partnered up Pioneer Center McHenry and PADS Center in Woodstock which helped homeless, and supported recovery retreat centers for the uninsured or underinsured, year-round shelter. He reached out to the 708 McHenry wrote a collaborative grant allowing them to purchase old homeless shelter, help operating expenses, and improvement, complete renovation, 35 bed living facility 4month programs, financing brand new homeless shelter, ongoing relationship with 708 board. There's a push for self-supporting, collaborative grants, and not relying on government funding. Auditing is important, as well as providing good quality service to the recovering community. They have helped the Crisis response team, walk in service when they ask for help at the police department, they will deploy a recovery coach (detox treatment), and provide a 3-6 months follow up.

- A. Neuschaefer- inquire about sober bars- social environment for people who choose not to drink, will replicate coffee bars, family meetings, support group meetings, social places to watch a game.
- P. Setze- Did you have issues with community resistant purchasing property for programs? Yes, a lot of resistance, but services were needed, overdose death toll has fallen 200% only county who didn't see an increase in overdose cases. Second question: What are the outcomes? Recovering from alcoholism? They have received funding from 708, but are not relying on 708 funding, reduce the funding over the year, meeting the needs in the community, they are responsible to 708 board, in regards to reporting outcomes, quarterly reports, social integration, abstinence, etc. Third question: Are thresholds set by board? They are set mutually, for example abstinence, the goal 60% of people will hopefully be achieved in a 3-month abstinence period
- C. Oldin How did you raise \$600,000? It was through a collaborative grant.
- M. Borrero- Resources available to people in other counties and villages? McHenry county house has a priority list. For example, 77 people waitlist- 40% McHenry 60% Kane/DuPage/ other counties. They have a good relationship with the Kane County sheriff's office.

Future opportunities to collaborate, if we are interested, we can reach out to him, and he suggests taking a field trip and seeing the work in person. Tour the treatment center.

Funding purposes A. Neuschaefer asked for clarification if priority was given to McHenry. There are limitations, but service won't be rejected. D. Arimura said there is hope, for example DuPage county has

expanded efforts county wide. A. Neuschaefer shared his experience receiving services in McHenry.

- VI. Motion to dispense with the reading of the minutes for September 24th, 2020 708 Mental Health
- M. Borrero Move
- A. Neuschaefer Second
 - P. Setze explaining corrections/ missing words/typos. Mr. Setze will be in charge of making those corrections.

Approve the Minutes as corrected 6 yes/ 0 nays

Board Regular Meeting and amend or approve as presented

VII. Public Comments (comments limited to 3 minutes per participant)

VIII. Old Business

- a. Issues with Sharepoint- C. Oldin experienced some limited access to files, and vice versa with other board members. C. Oldin will send documents directly to P.Setze.
- Surgery note, Supervisor T. Glees will be joining after recovery.
- b. Status of Interviews- Informal conversations were held by different board members. October is domestic violence awareness month. Trustee W. Witt emphasized there is a feeling of high stress, some of the individuals she spoke to reported "don't see the light at the end of the tunnel", drug and alcohol use. Informal conversation/interviews with parents and other educators.
- c. Develop Budget November meeting will focus on development and creation of budget, as well as creating a timeline to develop and create 1 & 3 -year plans.
- e. Update on ACMHAI Association of Community Health Authorities of Illinois Accepted our application, lobby elected official for the benefit of 708 boards. ACMHAI has a large number of members, sharing experiences, documents contracts, they have a library where we can connect and exchange resources. P. Steze will share a link with trustees to get more information.

IX. New Business -

a. Potential speakers - Send email to P. Setze or send names to the general 708 email address.

b. Discussion of Bloomingdale Township 1- and 3-year plans - Review documents sent, discuss any feedback or questions

Size of township compare plans to townships with similar demographics, population, and present it to the township board. Due date is not established. D.Arimura mentioned establishing a timeline.

Robert Block explained that Kane County usually does 6-7 disbursement of tax levy (June & September). Plans and budget will have to be sent by last Tuesday in December.

Budget should be ready to be presented on the 3rd Wednesday of December (16 of Dec.)

VIII. Open Discussion

A. Neuschaefer asked about recordings and where to find meetings and agendas/videos.

Direct Link to Video Recordings - https://www.dundeetownship.org/agendas_and_minutes/index.php

- B. Dates for 2021 meeting- we will discuss them in November. November 12
- IX. Motion for Adjournment

Move D. Arimura

Second A. Neuschaefer

6 yes/ 0 nay